



CE Test and Application

COVID-19 Impact on New Primary Care Nurse Practitioners: A Qualitative Exploration

CE code TJNP62022

Valid until 7-1-2024

This activity awards 1 contact hour of which 0 credit is in the area of pharmacology

Choose the best answer for each question. Required minimum passing score is 70%. You will be charged only when you pass the test, regardless of how many attempts you make.

- Which of the following barriers are experienced by new NPs transitioning to practice?
 1. Uncertainty in their role
 2. Overwhelming workload
 3. Lack of adequate time
 4. All of the above
- What did new NPs identify as the best facilitator during their transition to practice?
 1. Flexible hours
 2. Closer parking
 3. Mentorship and support from colleagues
 4. The ability to work independently
- Which of these was NOT a fear that new NPs reported after the onset of the pandemic?
 1. Family and patient safety
 2. Personal safety
 3. Adequate PPE
 4. Not getting enough clinical hours
- Where did new NPs report finding clinical support during the pandemic?
 1. Other providers and clinicians
 2. Colleagues
 3. Social media and social networks
 4. All of the above
- What theme was most prominent in this study?
 1. Understanding new clinical situations
 2. Resiliency
 3. Depression and anxiety of new NPs
 4. Gaps in clinical education
- What areas for further research does this study support?
 1. Intervention for support of NP coping and adapting strategies
 2. Nursing retention rates
 3. Identifying NP residency/fellowship programs
 4. Hospital policies on NP practice abilities
- All of the following are considerations for employers and educators of new NPs EXCEPT:
 1. Create programs that promote adaptability and coping strategies
 2. Use of residency/fellowship programs for new NPs
 3. Teach how to administer an IV medication
 4. Education on resiliency in nursing

Evaluation of the CE Activity

Learning outcomes: This CE learning activity is designed to augment the knowledge, skills, and attitudes of nurse practitioners as they evaluate how COVID -19 impacted the adjustment of new nurse practitioners to their role of a primary care provider.

Educational activity objectives:

Identify common barriers and support measures that new NPs report during transition to practice
Evaluate how these barriers and supports differ from pre-pandemic transition to practice
Analyze the workforce and educational implications of these study findings

To receive CE credit, read the article and pass the CE test online at www.npjjournal.org/cme/home for a \$5 fee.

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