



CE Test and Application

Dyslipidemia: Current Therapies and Strategies to Overcome Barriers for Use

CE code TJNP102021

Valid until 1-1-2024

This activity awards 1 contact hour of which 1.0 credit is in the area of pharmacology

Choose the best answer for each question. Required minimum passing score is 70%.

- One of the effects of statin therapy is:
 - Moderate decrease in diabetes risk
 - Systemic anti-inflammatory effect
 - Decreased hepatic uptake of LDL-C
 - Increase C- reactive protein level
- Approved nonstatin modifying agents that work synergistically with statins include all of the following EXCEPT:
 - Proprotein Convertase Subtilisin Kexin type 9 (PCSK9) inhibitors
 - Ezetimibe
 - Bile acid sequestrants (BAS)
 - Inclisiran
- A newly approved drug therapy for dyslipidemia is:
 - Bempedoic acid
 - Inclisiran
 - Fluvastatin
 - Prazosin
- According to the Cumulative Exposure Model, adherence barriers may include all of the following EXCEPT:
 - Patient-based barriers
 - Provider-based barriers
 - System-based barriers
 - Education-based barriers
- The most frequent reasons reported for patient reluctance to adhere to statin therapy may include all of the following EXCEPT:
 - Somatic intolerances and myalgias
 - Confusion about time to take medication
 - Medication cost
 - Inadequate health literacy
- Medication management challenges for practitioners are improved when:
 - Multidisciplinary team-based approach is implemented
 - Nonadherence is minimized
 - Patients understand the practitioner has time constraints
 - Health literacy is generalized
- Examples of creative solutions to practitioner barriers include all but:
 - Generic medications
 - Pharmaceutical samples
 - Multi-language interpretation devices to ensure culturally sensitive solutions
 - A patriarchal approach to patient care
- Increased medication adherence may be achieved by:
 - Briefly describing the goal of care
 - Drug combinations or polypills
 - Limiting follow-up office visits
 - Prescribing cost-effective medication options only to patients that express financial hardship
- An example of an authoritative information resource designed for patients is:
 - PubMed
 - MedlinePlus
 - CINAHL
 - Google

Evaluation of the CE Activity

Learning Outcomes

This CE learning activity is designed to augment the knowledge, skills, and attitudes of nurse practitioners by helping them improve their knowledge of current dyslipidemia therapies and recognize common barriers to treatment compliance.

Educational Activity Objectives

1. Explain in detail at least 2 therapies for dyslipidemia and their basic mechanisms
2. Describe at least 2 common barriers to medication adherence in dyslipidemia patients
3. Evaluate at least 1 strategy for improving patient compliance with treatment plan

To receive CE credit, read the article and pass the CE test online at for a \$5 fee.

You will be charged only when you pass the test, regardless of how many attempts you make.

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